

**NAKPEHE LEADERSHIP CANDIDATE  
POSITION: PRESIDENT-ELECT**

**NAME:** William J. Forbes, Ph.D.

<b>EDUCATION:</b> <u>University</u>	<u>Degree</u>	<u>Major Fields of Study</u>
Lock Haven University	B.S.	Health and Physical Education
University of Pittsburgh	M.A.	Exercise Physiology
University of Maryland	Ph.D.	Exercise Physiology/Zoology

**SELECTED PROFESSIONAL EXPERIENCE/EXPERTISE:**

**Current Position:** Director, Towson University Wellness Center  
Director, Towson University/Baltimore County Department of Aging (BCDA) Senior Fitness Center Project – BCDA contract to provide direction for six senior fitness centers located in senior centers in Baltimore County, MD

**Past Directorships:** Director, Towson University Wellness Center, 1999-2006  
Director, LIFEWORx Cardiac Rehabilitation Program, 1995-2005  
Director, Towson University Faculty/Staff Wellness Program, 1992-1996

**Teaching Experience:** 30+ years of teaching experience in Physical Education and Exercise Science; Primary courses taught include: Exercise Physiology, Exercise Testing and Prescription, Internship in Cardiac Rehabilitation, Individualized Fitness and various activities courses.

**SELECTED PROFESSIONAL SERVICE, ESPECIALLY WITHIN NAKPEHE:**

**NAKPEHE** Vice President, NAKPEHE, 2004-2005 - primary responsibility of planning and conducting the successful 2005 NAKPEHE National Conference in Tucson, AZ  
Issues Editor, Chronicle of Kinesiology & Physical Education In Higher Education, 2002-2006  
Chairman, NAKPEHE Membership Committee, 2002-2003  
NAKPEHE Membership Committee, 2001-2003  
NAKPEHE Conference Presenter/Presider, 1998-2006

**Boards** Chairman, Towson University/St. Joseph Medical Center Medical Advisory Board  
Past member of the Executive Board, Maryland Association for Health, Physical Education, Recreation and Dance; Committee Chair in MAHPERD

**University Service** Present: University HIPAA Task Force, Towson University Healthy Campus 2010 Task Force; Associate Dean Search Committee. Past: University Senate, College Council, College/Departmental P&T, and many other university committees over the years

**OTHER RELEVANT INFORMATION:**

### **Presentations/Publications**

Presentations                      Numerous presentations at the national, regional and local level, including: ACSM, AACVPR, AAHPERD, NAKPEHE, National Wellness Conferences, and MAHPERD

Publications                        Numerous journal publications on adult fitness and cardiac rehabilitation programming and research

**Professional Affiliations**    ACSM, AACVPR, MAHPERD, NAKPEHE

**Comment:** I have thoroughly enjoyed my association with NAKPEHE and the professional and personal relationships that I have developed over the years. I look forward to assisting NAKPEHE move into the new millennium by expanding our membership and increasing our multidisciplinary and administrative appeal while preserving the core values we have developed over many years as a professional organization.